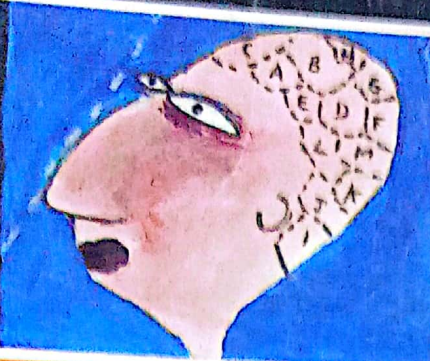
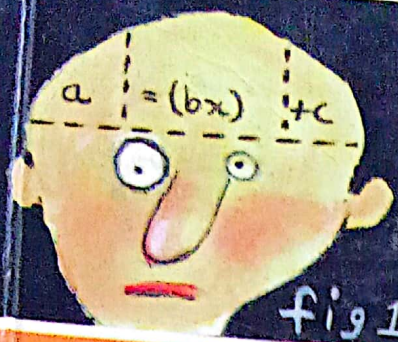


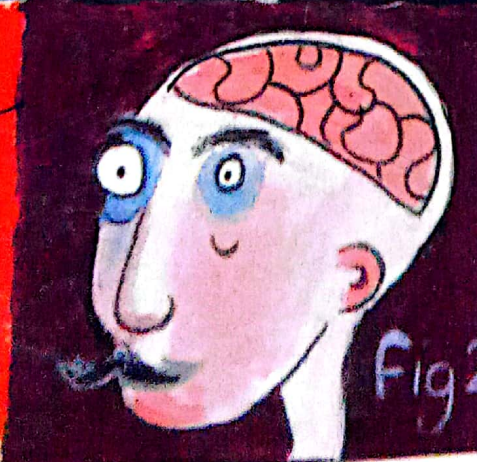
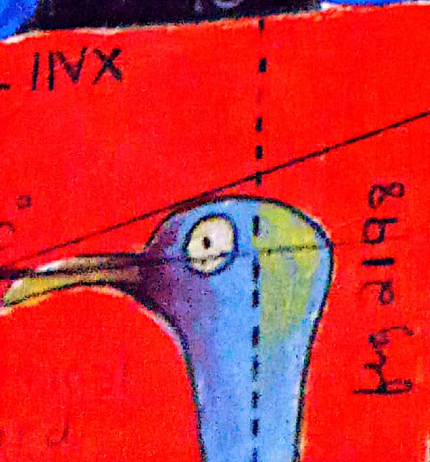
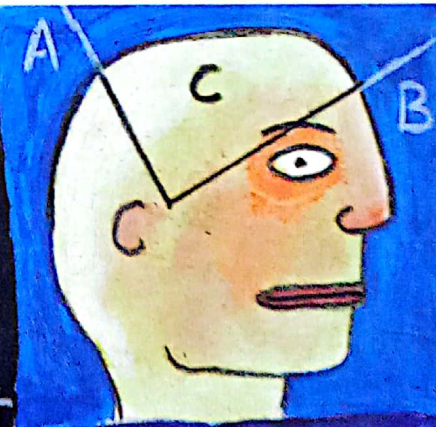
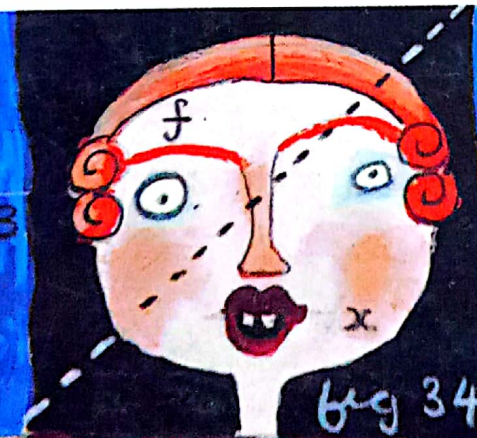
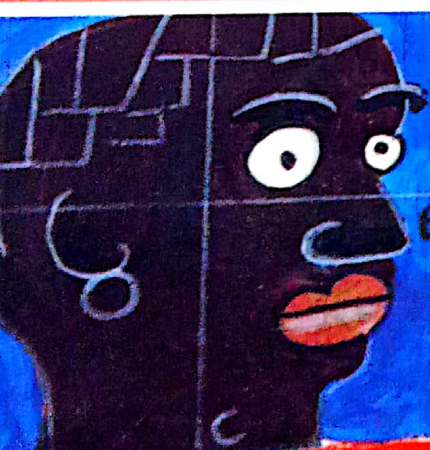
NICKY HAYES



FOUNDATIONS OF

PSYCHOLOGY

AN INTRODUCTORY TEXT



CONTENTS

List of illustrations
Acknowledgements

xi
xvii

1 Perspectives in psychology	1
Schools of thought in psychology	1
Ethical issues and psychological methodology	10
Areas of psychology	11
Perspectives in psychology	16
Summary	20
2 Perception	21
Perceptual organisation	21
Explaining perception	27
Attention	46
Summary	62
3 Memory	64
Two traditions in memory research	6
Characteristics of memory	6
Memory as an active process	
Theories of forgetting	
Models of memory	
Remembering in everyday life	
Summary	

4	Language and literacy	
	Conversations	101
	Language and thinking	102
	Social aspects of language use	104
	Reading skills	112
	Reading disorders	119
	Summary	127
		132
5	Thinking and representation	133
	Representation	133
	Thinking and problem-solving	152
	Decision-making	161
	Computer models of thinking	169
	Summary	177
		178
6	Intelligence	178
	Political issues in intelligence theory	181
	The development of intelligence testing	210
	Theories of intelligence	219
	Summary	220
7	Theories of personality	222
	Early theories of personality	226
	Psychoanalytic theories	239
	Trait theories of personality	248
	Behaviourist and social behaviour theories	253
	Phenomenological perspectives	257
	Narrow-band theories of personality	263
	Types of personality theory	265
	Summary	266
8	The medical model of abnormal behaviour	266
	Historical approaches to abnormal behaviour	271
	The medical model of psychiatric disorder	285
	Specific disorders	299
	Summary	301
9	Alternatives to the medical model	302
	Psychoanalysis	305
	Behaviour therapy	309
	Humanistic and existentialist therapies	315
	Cognitive therapies	321
	Other therapies	329
	Summary	331
10	Sensation and brain mechanisms	332
	Sensation	354
	Studying the brain	

Clinical neuropsychology	364
Summary	378
11 Sleep, dreaming and consciousness	380
Sleep	380
Consciousness	398
Hypnosis	409
Summary	419
12 Motivation and emotion	421
Motivation	421
Arousal and stress	439
Emotion	456
Summary	470
13 Self and others	472
Concepts of self	473
Interpersonal attraction	482
Relationships	494
Summary	511
14 Understanding others	513
Non-verbal communication	514
Person perception	528
Scripts and schemata	532
Attribution	535
Social representations	548
Summary	553
15 Social influence and social action	555
Aspects of social influence	555
Leadership	563
Conformity, obedience and rebellion	570
Summary	602
16 Attitudes and prejudice	603
Attitudes	603
Persuasion	617
Prejudice	625
Summary	638
17 Cognitive and skill development	639
Infant cognition	640
Cognitive development in the child	652
The development of skills	663
Summary	681
18 Personal development	682
Attachment	682

Developing social awareness	705
Moral development	715
Summary	725
19 Social development	726
Mechanisms of development	727
Play	735
Sex and gender	749
Language	759
Summary	773
20 Lifespan developmental psychology	775
Assumptions of lifespan psychology	776
Adolescence	777
Adulthood	790
Ageing	808
Summary	817
21 Introducing comparative psychology	818
Why study animal behaviour?	819
The origins of comparative psychology	820
Fundamental concepts in comparative psychology	822
Mechanisms of behaviour	833
Summary	870
22 Animal behaviour	871
Courtship, reproduction and parenting	871
Social organisation	895
Theories of evolution and behaviour	915
Summary	922
23 Animal communication	923
Defining communication	923
Modes of communication	924
Communication in different species	927
Teaching animals to use human language	947
Summary	961
24 Methods and ethics in psychology	962
Validity, reliability and generalisability	963
Methods of study in psychology	964
Ethical issues in psychology	977
Summary	991
Glossary	992
Bibliography	1045
Index	1088