Contents

Preface xv

Chapter 1. BASIC PROCESSES 1

Internal Influences 4
External Influences 8
Interaction Effects 14
Alternative Theoretical Views 16
My Theoretical Biases 21
Summary 23
Suggested Readings and References 24

Chapter 2. METHODS OF STUDY 25

How Do You Answer All Those Questions Anyway? 25 How to Obtain Information 26 Special Problems in Developmental Research 34 Interpreting Information 37 A Word on Good and Bad Research 39 Summary 41 Suggested Readings and References 43 PROJECT 1. Observation of a Child 44

Chapter 3. PRENATAL DEVELOPMENT AND BIRTH 46

Conception and Embryonic Development 46
The Fetal Period 50
The Importance of Sequence 53
Environmental Influences on Prenatal Development 54
Genetic Abnormalities 63
The Birth Process 66
Overview 68
Summary 69
Suggested Readings and References 70

Chapter 4. EARLY INFANCY: THE FIRST SIX MONTHS 72

Description of the Infant 73
Individual Differences Among Babies 83
The Infant's Relationship to the Environment 87
Summary 92
Suggested Readings and References 93

Chapter 5. PHYSICAL GROWTH AND DEVELOPMENT 97

Height and Weight 99
Muscles and Bones 102
Motor Development 102
Growth of the Nervous System 106
Hormones and their Effects 108
Implications and Explanations 111
Some Correlates of Growth Patterns 113
Conclusions 117
Summary 118
Suggested Readings and References 119

Chapter 6. PERCEPTUAL GROWTH AND DEVELOPMENT 121

Perceptual Constancies 123
Attention and Exploration 130
Individual Differences in Perceptual Development 133
Explanations 135
Summary 137
Suggested Readings and References 138

Chapter 7. LANGUAGE DEVELOPMENT 141

Before the First Word 142
The First Word 144
The First Sentences 145
Individual Differences 150
The Relationship of Language Development to Other Aspects of Development 152
The Development of Words and Meanings 153
Summary 158
Suggested Readings and References 159
PROJECT 2. Beginning Two-Word Sentences 162

Chapter 8. THEORIES OF LANGUAGE DEVELOPMENT 163

Imitation 163
Reinforcement 165
The Child's Contribution 169
Summary 172
Suggested Readings and References 172
PROJECT 3. Conversation Between Mother and Child 174

Chapter 9. COGNITIVE DEVELOPMENT I: DEVELOPMENT OF THINKING 175

The Basic Assumptions 177
The Sequence of Development 178
The Effects of Environment on the Development of Thinking 201
Summary 203
Suggested Readings and References 204
PROJECT 4. The Game of Twenty Questions 208
PROJECT 5: Conservation of Number, Mass, and Weight 210

Chapter 10. COGNITIVE DEVELOPMENT II: MEASUREMENT OF INTELLIGENCE 214

Some History 215
Some Assumptions 218
Performance Versus Competence 219
What the Tests Predict 220
Factors Influencing IQ Test Scores 221
Summary 234
Suggested Readings and References 235

x CONTENTS

Chapter 11. DEVELOPMENT OF INTERPERSONAL RELATIONSHIPS 238

Attachment and Dependency 239
Aggression 250
Peer Relationships 257
Summary 261
Suggested Readings and References 263
PROJECT 6. Television Aggression 266
PROJECT 7. Observation of Dependency and Aggression 266

Chapter 12. THEORIES OF ATTACHMENT 268

Ethological Theory 269
Social-Learning Theory 269
Cognitive-Developmental Theory 271
Psychoanalytic Theory 272
Summary 277
Suggested Readings and References 278

Chapter 13. DEVELOPMENT OF THE SELF-CONCEPT AND SEX-ROLE IDENTITY 280

The Self-Concept 282
Sex-Role Development 287
Overview 294
Summary 295
Suggested Readings and References 296

Chapter 14. MORAL DEVELOPMENT 298

Traditional Views 300
Child-Rearing Antecedents of "Moral Behavior" 302
Consistency of Moral Behavior 304
Cognitive-Developmental Analysis 306
Summary 314
Suggested Readings and References 315
PROJECT 8. Moral Judgments 317

Chapter 15. AGE OVERVIEW 318

From Birth to 6 Months 319 From 6 Months to Age 2 321 From Age 2 to Age 5 323 From Age 5 to Age 7 325 From Age 7 to Age 12 327 Age 12 Years and Over 329 Overview 329 Suggested Readings and References 332

Chapter 16. EFFECTS OF POVERTY ON CHILDREN 334

Characteristics of Poor Children 335 Explanations 339 Summary 346 Suggested Readings and References 347

Chapter 17. SEX DIFFERENCES 351

Descriptions of Sex Differences 352
Explanations 356
Synthesis 363
Summary 365
Suggested Readings and References 365
PROJECT 9. Observation of Boys and Girls on a Playground 368

Chapter 18. AGING 370

Physical and Physiological Changes 372 Changes in Performance Through the Life Span 374 Individual Differences 378 Summary 379 Suggested Readings and References 379

Chapter 19. ATYPICAL DEVELOPMENT 382

Mentally Atypical Development 383
Emotionally Atypical Development 387
Physically Atypical Development 394
Overview 397
Summary 398
Suggested Readings and References 399

Index 401