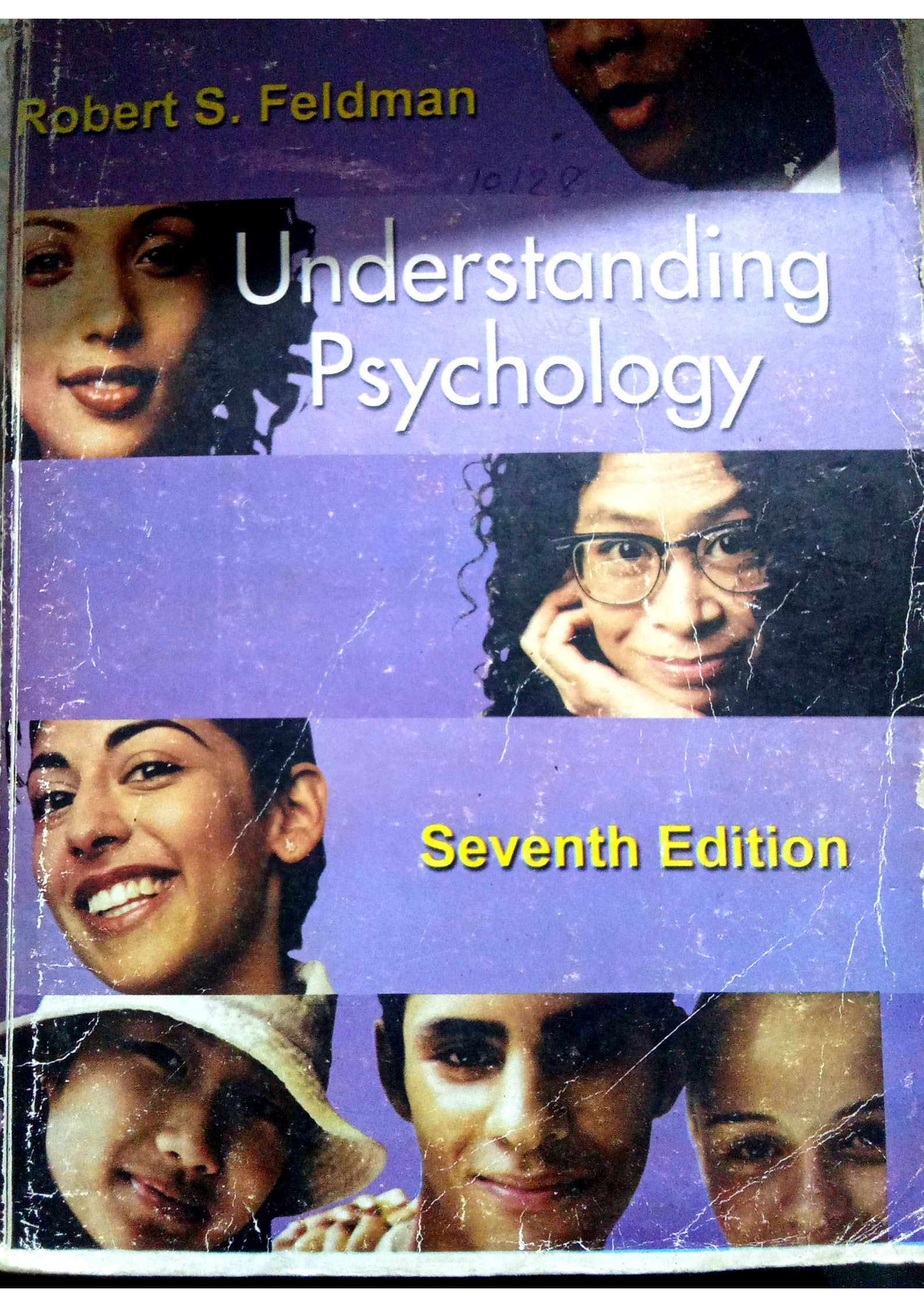


Robert S. Feldman

Understanding Psychology

Seventh Edition



Brief Contents

1 • Introduction to Psychology 2

- MODULE 1** Psychologists at Work 5
- MODULE 2** A Science Evolves: The Past, the Present, and the Future 15
- MODULE 3** Psychology's Key Issues and Controversies 23

2 • Psychological Research 30

- MODULE 4** The Scientific Method 33
- MODULE 5** Conducting Psychological Research 37
- MODULE 6** Critical Research Issues 49

3 • Neuroscience and Behavior 58

- MODULE 7** Neurons: The Basic Elements of Behavior 61
- MODULE 8** The Nervous System and the Endocrine System: Communicating Within the Body 71
- MODULE 9** The Brain 79

4 • Sensation and Perception 98

- MODULE 10** Sensing the World Around Us 101
- MODULE 11** Vision: Shedding Light on the Eye 105
- MODULE 12** Hearing and the Other Senses 115
- MODULE 13** Perceptual Organization: Constructing Our View of the World 129

5 • States of Consciousness 146

- MODULE 14** Sleep and Dreams 149
- MODULE 15** Hypnosis and Meditation 163

- MODULE 16** Drug Use: The Highs and Lows of Consciousness 169

6 • Learning 184

- MODULE 17** Classical Conditioning 187
- MODULE 18** Operant Conditioning 195
- MODULE 19** Cognitive-Social Approaches to Learning 209

7 • Memory 220

- MODULE 20** Encoding, Storage, and Retrieval of Memory 223
- MODULE 21** Recalling Long-Term Memories 237
- MODULE 22** Forgetting: When Memory Fails 247

8 • Cognition and Language 256

- MODULE 23** Thinking and Reasoning 259
- MODULE 24** Problem Solving 265
- MODULE 25** Language 279

9 • Intelligence 290

- MODULE 26** What Is Intelligence? 293
- MODULE 27** Variations in Intellectual Ability 311
- MODULE 28** Group Differences in Intelligence: Genetic and Environmental Determinants 315

10 • Motivation and Emotion 324

- MODULE 29** Explaining Motivation 327
- MODULE 30** Human Needs and Motivation: Eat, Drink, and Be Daring 335
- MODULE 31** Understanding Emotional Experiences 345

MODULE 34 Nonverbal Behavior and the Expression of Emotions 355

11 • Sexuality and Gender 362

MODULE 35 Gender and Sex 365
MODULE 36 Understanding Human Sexual Response: The Facts of Life 377
MODULE 37 The Varieties of Sexual Behavior 385
MODULE 38 Sexual Difficulties: When Sex Goes Wrong 395

12 • Development 406

MODULE 37 Nature and Nurture: The Enduring Development Issue 409
MODULE 38 Prenatal Development: Conception to Birth 413
MODULE 39 Infancy and Childhood 421
MODULE 40 Adolescence: Becoming an Adult 439
MODULE 41 Adulthood 449

13 • Personality 464

MODULE 42 Psychodynamic Approaches to Personality 467
MODULE 43 Other Major Approaches to Personality: In Search of Human Uniqueness 475
MODULE 44 Assessing Personality: Determining What Makes Us Special 487

14 • Health Psychology: Stress, Coping, and Well-Being 496

MODULE 45 Stress and Coping 499
MODULE 46 Psychological Aspects of Illness and Well-Being 511
MODULE 47 Promoting Health and Wellness 519

15 • Psychological Disorders 528

MODULE 48 Normal Versus Abnormal: Making the Distinction 531
MODULE 49 The Major Psychological Disorders 541
MODULE 50 Psychological Disorders in Perspective 561

16 • Treatment of Psychological Disorders 568

MODULE 51 Psychotherapy: Psychodynamic, Behavioral, and Cognitive Approaches to Treatment 571
MODULE 52 Psychotherapy: Humanistic, Interpersonal, and Group Approaches to Treatment 581
MODULE 53 Biomedical Therapy: Biological Approaches to Treatment 589

17 • Social Psychology 600

MODULE 54 Attitudes and Social Cognition 603
MODULE 55 Social Influence 613
MODULE 56 Prejudice and Discrimination 621
MODULE 57 Positive and Negative Social Behavior 627

Appendix: Going by the Numbers: Statistics in Psychology A

MODULE 58 Descriptive Statistics A-3
MODULE 59 Measures of Variability A-9
MODULE 60 Using Statistics to Answer Questions: Inferential Statistics and Correlation A-13

Glossary G-1
 References R-1
 Credits CR-1
 Name Index IN-1
 Subject Index IN-17